



San Diego Episcopal Cursillo

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The San Diego Episcopal Cursillo community was founded to meet the growing spiritual needs of Episcopalians in San Diego County. It is part of a world-wide community which began with the Roman Catholic Cursillo movement.

Its purpose is to help those in the church understand their individual callings to be Christian Leaders.





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The Forward

(Newsletter of the Community)

The most recent edition:

December, 2001
([Adobe PDF Version](#))

Past editions:

October, 2001
([Adobe PDF Version](#))

September, 2001
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June, 2001 ([Adobe PDF Version](#))

April, 2001 ([HTML](#))

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Forward

Cursillo in the Episcopal Diocese of San Diego

Volume VI

October 2001

Our Mission: To Christianize

Environments and Develop Lay Leadership

FROM THE CHAIR

Ecclesiastes 9: 12, "**No man knows when his hour will come**".

With all that has happened these past weeks I have been led to ask this question, Would you have been ready to meet YOUR Maker on that Tuesday morning? We all watched with horror while what we knew couldn't happen here, happened before our eyes.

No one knows when his hour will come. Are you ready for your hour when it comes? Can you answer that question with a emphatic "YES'?, Or would it be a, "well I hope so", or a "maybe"? We need to stop our busy lives and make time to take a deep insightful look at ourselves - spiritually. The Bible speaks to us when in it we read, "I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life" - John 5:13. We need to be ready - always.

Do we need to make changes in our lives to reflect the reality that we could be called HOME very unexpectedly? We need to be absolutely sure that Jesus Christ is Lord of our lives.

We need to ask ourselves, "how has my prayer life been going"? Maybe I need to be a little more regular and get into a definite habit of daily prayer. Talking with my personal savior about what is going on in my life, actively seeking His guidance and help, not just when I get myself into a scrape, then I turn to prayer.

Invite Him to be part of your life every day, not just on Sundays. Ask Him to take part in the decisions of our everyday life. We need to listen for His answer. He will answer and do what is right for us (in His time,

THE 2001 SECRETARIAT

Chairperson:	
John Wiser	520-783-1699
Vice-chairperson:	
Babs Tally	858-571-6114
Spiritual Advisor:	
Rev. Tom Bond	858-279-5458
Communications:	
Dick Mette	760-726-8623
Fourth Day:	
Mike Orcutt	619-482-0294
Grouping	
Jim Merriken	858-756-0922
Palanca:	
Barbara McBride	858-292-5246
Parish Reps:	
Ken Rice	619-656-6306
Pre-Cursillo:	
Eileen Pierce	619-448-9401
Rev. Fred Wood	760-434-9764
Ultreya:	
Doug Woods	760-727-6088
Treasurer:	
JoAn Taylor	619-466-9147
Hispanic Comm. Chairperson	
Gonzalo Mendez	619-690-2457
Servant Community	
Stew Dadmun	619-298-9670
Newsletter Editor	
Harry Packard	858-274-1019

not ours). Remember that Christ not only knows your name but has called you by name. Jesus Christ wants us to love Him and to share eternity with Him and His Father.

Has your study been all that it should be? I suggest that we get the Bible (owner's manual) out and start spending time in GOD'S word. Does the way I lead my everyday life SHOW that Jesus is the Lord of MY life? The Cursillo method helps us toward that goal. It is through communion with Him in our prayer life and in our study that we are able to answer the question; "Are you ready to meet Your Maker right now?"

Utreya!

John Wiser

to take Christian men and women who desire to serve the Lord in a more effective and intentional way and show them how to do it. It's that simple---and that challenging. There is no more compelling and noble vocation than that of helping Christian brothers and sisters to become the apostles they are meant and called to be. And that takes our best efforts, our commitment, and gifts of our time, treasure, talents and prayers for all sponsors, team members and those chosen to become cursillistas and apostles.

Fr. Thomas D. Bond

RENEWAL, SAINTS, APOSTLES AND ALL THOSE BUZZ WORDS

As we approach the October weekends it might be helpful to have a quick review of what we are about. My resource for this comes from the Cursillo Library booklet entitled "The Fourth Day First".

First, I confess some personal discomfort in seeing Cursillo labeled a "Renewal Movement", although I'm sure it's done with the best intentions. It's helpful to remind ourselves and others that the purpose is not to breathe "new life" into peripheral church members or vitalize sagging parishes. It is, rather, a tool for "equipping the saints for the work of ministry" (Ephesians 4:12).

And who are these "saints"? They are people who recognize and accept that through the death and resurrection of Jesus Christ their sins have been forgiven, they are "new creatures" in Christ, they have been baptized into his Body, the Church, in which they participate and are active, and who rejoice in the eternal hope of salvation through our Lord.

So what are "apostles"? They are saints who have a desire to share the gifts of God with others through their work, their living witness, and their lives. They do this individually and in concert with others. They—and we—are called to be---(dare we use the "M" word?) missionaries, not disciples only.

Briefly, the purpose of the Cursillo movement is

RAMBLINGS FROM THE RECTOR:

DeColores!

Most of the planning has been completed, and we've made it through the first Saturday meeting as a group and managed to stay on time. The blending of our new team is coming together very well.

This is such a crucial time, when the whole Community needs to come together as one, in prayer. We are all called to be servants to God—we're all a critical part of the weekend: so, please, PRAY, PRAY, and then PRAY.

It has been an honor to serve as Rector for the men's Cursillo weekend # 101, and I would like to voice a hearty "Thank You!" for everyone's help: your time, effort, support, and prayers. Seems like it ~~was just yesterday when we began the process of~~ putting the team together. It won't be long before we'll be driving up through those beautiful windy roads, intent on our point of destination, to serve in order to lead others to Christ.

I hope to see you during Closing on Sunday, showing your support for the new Cursillistas.

Your Servant in Christ,

Ken Rice

Look for the next Forward in mid-December
with applications for the Spring Weekends.
Articles, calendar events and other materials are
due

no later than November 26th

Send to

Harry Packard

5336 Noah Way San Diego CA 92117-1330

Phone: 858-274-1019 Fax: 858-274-5435

e-mail: hapackard@earthlink.net

New names, addresses and changes to Barbara Taylor,
Phone 619-421-5612 e-mail: just4taylor@home.com

WHAT IS PALANCA?

Simply stated, Palanca is the "spiritual leverage" used before and during the weekend on behalf of teams and candidates consisting of intercessory prayers, sacrifice, and spiritual disciplines adopted by individual cursillistas or group reunions. The purpose of Palanca is to surround the weekend with prayer, and to ask God's grace to be active and present in candidates, as well as team.

When is Palanca done? Before and during the weekend. How is Palanca done?

Pray by name for team and candidates on a regular basis before the weekend. In cases where the candidates' names are not available, intentional prayer for the specific weekend is used.

Make an altar visit - A regular visit to the blessed sacrament for the intention of the weekend. A time of prayer, reflection, and praise for the Lord. A quiet time in church with prayer or devotion can be used.

Extra Eucharists - Attend Eucharist during the week, other than regular Sunday offering, and offer this time and communion for the Cursillo candidates and the weekend.

Fasting and Prayer - Abstain from eating certain meals or on certain days of the week, and use the time in prayer for the Cursillo weekend.

Daily Office - This consists of daily prayer and scripture following the traditions of the Book of Common Prayer.

Any regular discipline of Prayer - Prayer undertaken for the purpose of conforming the mind and heart to the will of God for this weekend.

Palanca is NOT love notes or special gifts. These signs communicate what has already been done as Palanca. On many weekends, individual notes to candidates or team may be written, giving witness to the prayers and sacrifice undertaken on their behalf. Other forms may be banners or posters. The important thing is not the vehicle for telling the team and candidate how much we care, but the specific Palanca DONE lovingly on their behalf to the glory of God.

From CHECMARKS. Diocese of Chicago. from a February 1995 Issue.

CANDIDATES!

MEN'S WEEKEND # 101

Tony Baron
Bill Booth
Mike Brosas
Renato Davia
Greg Gullo
Trent Klebe
Bob Lawrence
Harold Potter
Mike Rager
Jeff Theiss

WOMEN'S WEEKEND # 102

Lorna Alksne
Connie Anderson
Bobbi Baron
Barbara Britain
Jenn Brosas
Joanne Browe

Christine Douglas
Allison Gullo
Jamie Klebe
Florence Longsworth
Judy MacDonald
Edithe Percell
Laura Porter
Sherry Rager
Cathy Straitiff
Barb Theiss
Bobbie Yosbaugh

Check the web site: www.sdcursillo.org
for additions or corrections.

Back to the Mountain 2002

“Sing a New Song Unto the Lord”

Begin the new year with a special weekend of renewal, prayer, reflection, singing, fellowship, socializing, and focusing on Christ and your neighbors.

The theme and theme song for this weekend is "*Sing a New Song Unto the Lord*". Every new year brings change. How do we as Cursillistas respond to changes affecting our faith, spirituality and commitment to Christ? What is our "*New Song*" to Christ 2002, especially after 9-11-01?

What is "Back to the Mountain"?

Back to the Mountain is a spiritual retreat at Camp Stevens which includes three talks with table discussions, music, daily devotions, a Sunday Eucharist and ample free time to re-charge, relax, and reflect. Food is provided by the Camp Stevens staff so don't bring your aprons. Just a sleeping bag, bible, song book and warm clothing.

Who can attend?

Any adult who has been on a three day weekend that models the Fourth Day concept, such as Cursillo or Walk to Emmaus.

When is it?

The weekend begins at 7:00 PM on Friday, January 4, 2002 and ends at noon on Sunday, January 6.

What does it cost?

\$80.00 if paid by 12-15-01. \$90.00 through 12-24-01. (\$40.00 non-refundable deposit due by 12-10-01). Some scholarships are available on a confidential basis. Space is limited so please get your applications in soonest.

Please send applications and payment/deposit to:

*Larry & Jeanne Salvadori
11434 Duenda Rd.
San Diego, CA 92127
858-485-5434*

Make checks payable to: Cursillos in Christianity with "Back to the Mountain" on memo line.

Name(s)

Address

City

State

Zip

Parish

Phone (day)

(eve)

Number of reservations (M)____(F)____

Special dietary needs

Do you NEED a bottom bunk? _____ Can you offer a ride? _____ Do you need a ride? _____

**NEW RENEWAL WEEKEND:
BUILDING HOLY FAMILIES**

Building Holy Families is a new renewal program aimed at families with young children. It is designed to help parents and children explore the question "What does it mean to be a Christian family?" The weekend will feature time for families to

learn together and time when each age group will work separately. There will be large and small group discussions, presentations, activities, music, prayer, play time, fellowship time, and worship.

The first weekend will be held January 18-20 at Pathfinder Ranch in Idyllwild, CA. Registration forms are available from the Office of the Bishop at 619-291-5947 or the diocesan web site at www.EDSD.org. The weekend is sponsored by the

Episcopal Diocese of San Diego and is part of the ministry offered by the Task Force on Young Adult and Campus Ministry. The design team is lead by Rebecca Williamson.

The Cursillo community can support this new ministry in a number of ways. First and foremost we ask for your prayers for this new ministry. Second, we would appreciate your help in encouraging families to attend. Third, we will need presenters, small group leaders, and stewards for adults and children, and musicians. Finally, we need high chairs, booster seats, children's games (for infants - older elementary age children), Lego-type building blocks, and craft supplies. These can be new or used. You may also want to consider sponsoring a family from your church to attend the weekend, as the cost will be \$10 for children under age 5 and \$70 for all others.

If you would like additional information, please contact Rebecca Williamson at 619-291-5947 or Rebecca_williamson@juno.com.

4th Day & Grand Ultreya

The Fourth Day program is designed to reinforce the messages of the three day weekend, acquaint the new Cursillistas with some of the mechanics of the movement, and motivate all involved to get into a grouping. We have again combined the Fourth Day and Grand Ultreya to reduce the amount of travel. Please note the new start time is now 2:00 PM.

The Fourth Day program for Cursillos 101 and 102 will be celebrated on Saturday, November 3rd, at St. Alban's Episcopal Church, 490 Farragut Circle, EI Cajon, CA (619-444-8212). The Fourth Day starts at

2:00 PM. And will conclude at approximately 6:00 PM.

A pot-luck supper will be held from 6:00 to 7:00 PM followed immediately by the Grand Ultreya. The election of secretariat members will be conducted and the announcement of the next rector and rectora will be made during the Ultreya. Child care is provided.

Mike Orcutt
Fourth Day Chair

Doug Woods
Ultreya Chair

STRIVING FOR EXCELLENCE

Are you frustrated that you are not living up to those principles taught to you on your Three-day Weekend? Do you have good apostolic action going on in your life? How do I lead others to Christ with meaningful Ultreyas and making my Fourth Day an ongoing event in my life? How do I obtain spiritual direction?

Come to our National Episcopal Cursillo Leaders Workshop to be held at Camp Stevens on the weekend of February 22-24, 2002. This event is held only about every three years. Take advantage of this wonderful opportunity to be led by National Cursillo Leaders to obtain your goals. More information coming at Fourth Day and Grand Ultreya. Any questions please contact me at 760-432-8518.

God's Peace!
Denny Walters

SPIRITUAL DIRECTION

Holy Listening: The Art of Spiritual Direction

Margaret Guenther (Episcopal Priest)

Paperback; Cathedral Book Store; \$9.56

Published April 1992, Cowley Publications

Sewanee Theological Review

It is likely that thousands of women have excelled in the work of spiritual direction during the centuries between the desert mother Theodora and Margaret Guenther. Yet no more than a handful have

recorded their methods and guiding principles in manuals for the instruction of others.

Guenther has produced a primer for people who are attracted to the ministry of spiritual direction either as directors or as directees. Drawing on her own experience through anecdotal narratives and generalized reflections, she elucidates common problems and suggests a variety of specific responses. Its value accrues from the soundness of Guenther's homely wisdom, conveyed in a manner that is at once inspirational and practical. Alan Jones, from the foreword: "In the very best sense, hers is a book of non-direction: earthed and wise, compassionate and unsentimental, practical and contemplative."

Margaret Guenther shares with the reader loving and evocative meditation on the experience of spiritual direction from the perspective of a wise and hospitable spiritual director, who is also a woman, wife, mother, teacher, and priest.

The Practice of Prayer

(New Church's Teaching Series, Vol. 4)

by Margaret Guenther (Episcopal priest)

(Not strictly on spiritual direction, however, prayer is a key aspect of spiritual direction)

Paperback; (Cathedral Book Store) \$11.95

Published August 1998 Cowley Publications

Chapters with titles like "Finding God in the Ordinary: Your Kitchen Will Teach You Everything" and "Parenting and Prayer: How Do I Pray When the Baby is Keeping Me Up?" address the challenges of integrating spirituality with the demands of daily life. The book concludes with a list of further resources and discussion questions suitable for group or individual use.

A down-to-earth guide to prayer. In this down-to-earth book on the essentials of prayer, spiritual director and teacher Margaret Guenther answers many of the common questions of the spiritual life, including: Is there anyone to talk to about prayer? Do I have to go to church to be religious? Is it all right to pray like this? She also discusses basic matters of Christian practice, such as making a confession, going on retreat, using a journal to pray, finding a spiritual director, and praying when God does not seem to listen.

A reader from Brooklyn, NY, March 21, 1999:

A book about prayer for real people! This book defines, describes, and demystifies the traditions of prayer--and makes them accessible to everyone. It begins with a concise history of Christian prayer and proceeds to practical applications for us late-20th century folk.

MEN'S TEAM #101

Russell Bougue	Cocinero
Scott Brown	Team Leader
Brent Calhoun	Team Leader
Fr. George Calvert	Spiritual Leader
Pete Castillo	Table Leader - Ideal
Roger Christiansen	Cocinero
Alan Cornell	Head Sunday Angel
Rick Crossley	Musician
Miguel Del Valle	Cocinero
Frank Durham	Head Musician - Environments
Jim Foster	Head Cook
Fr. Paul Gambling	Clergy Team
Chuck Halso	Table Leader
Wayne Hiebert	Table Leader
Le Roy Hilker	Asst. Palanca
John King	Asst. Rector
Alan Kirchen	Team Leader
James Macemon	Table Leader - Action
Fr. Frank Maguire	Clergy Team
Thomas Marks	Cocinero
Fernie Martinez	Table Leader - Leaders
Mike McBride	Team Leader
Patrick McBride	Table Leader-Christian Community
Blake McFeely	Table Leader
Ndibu Mubmba	Cocinero
Tim Norcutt	Sacristan
Mike Orcutt	Kitchen Musician
Ted Parsons	Table Leader
Doug Patton	Cocinero
Darryl Peralta	Table Leader- Grouping
David Porter	Table Leader
Rich Rechif	Head Cook - Camp
Fr. Ed Renner	Clergy Team
Ken Rice	Rector - Ultreya
Mike Rohland	Head Cook - Kitchen
Russ Samecki	Cocinero
Chip Schneider	Table Leader
Tommy Simmons	Cocinero
Tom Slipper	Cocinero
Clint Taylor	Advising Rector
John Wavrik	Table Leader
Jerry Webb	Asst. Rector - Laity
Richard Wilkerson	Palanca
Zack Zuben	Cocinero

WOMEN'S TEAM #102

Allred, Mary	Table Ldr /Rollista (Piety)
Bechtold, Julie	AHC, Kitchen
Blaisdell, Diane	Cocinera/asst. kitchen music
Bogue, Nancy	Cocinera
Breitel, Laura	Table Leader
Brendis, Suzanne	Head Musician
Calhoun, Bobbie	Asst. Rectora (Leaders)
Camm, Pat	Palanca
Carson, Gina	Cocinera
Crofoot, Victoria	Head Cook
Crossley, Connie	Exp. Rectora
Dapron, Lorraine	Asst. Palanca
Durham, Motty	Table Ldr/Rollista (Laity)
Fowle, Connie	Rectora (Ultreya)
Green, Joann	AHC,Camp
Harmon-Hay, Emily	Cocinera
Hiebert, Lynnea	Sacristan
Jordan, Lauree	Asst. Music/Rollista (Ideal)
Kircher, Melissa	Cocinera
Lozano, Stephenie	Cocinera
Macemon, Judy	Cocinera
McBride, Barbara	Nurse
McFeely, Cheddy	Table Ldr/Rollista (Study)
Nicholson, Lynn	Table Ldr.
Norcott, Tamara	Table Ldr.
Parsons, Pat	Head kitchen musician
Patton, Lenize	Cocinera,Team Ldr.
Perkins, Joan	Table Ldr.
Petersen, Suzanne	Cocinera
Pierce, Eileen	Shed
Porter, Kathy	Table Ldr.
Potter, Judy	Cocinera, Team Ldr.
Putnam, Evelyn	Cocinera
Renner, Rev. Dee	Asst. spiritual advisor
Rice, Karen	Cocinera,Team Ldr.
Risser. Sheila	Table Ldr/Rollista (Grp Reunion)
Sanders, Fr. Wayne	Head spiritual advisor
Scheibel, Jann	AHC, Kitchen
Schipke, Barbara	Table Ldr.
Schneider, Terry Steel	Cocinera
Schuler, Jane	Table Ldr/Rollista (Environ)
Shuler, Marianne (Boo)	Cocinera
Snyder, Sally	Asst. Rectora (Action)
Sunda, Pat	Cocinera
Swiech, Joyce	Cocinera, Team Ldr.
Thomas, Rev. Allisyn	Asst. spiritual advisor
Torgerson, Jackie	Table Ldr
Wavrik, Mary	Table Ldr.
Wood, Rev. Fred	Asst. Spritual Adv./ kitchen
Wood, Jamie	Table Ldr/Rollista (Christian Community)