



# Forward

## Cursillo in the Episcopal Diocese of San Diego

Volume XXI

February 2011

*Our Mission: To Christianize Environments and Develop Lay Leadership*

### The Care and Cure of your Soul

We, as human beings, are both a body and a soul. The body is the external part of us, which connects us to the physical world. The soul is our interior life, our emotions, our will, and our mind. We have interior assets that need to be cared for and need to be cured when they are sick. Unfortunately, many people do not think carefully about the need to care for and cure their internal lives. Many people are so focused on the external aspects of life, such as material things, and medicinal cures that they fail to pay the proper attention to their souls.

We, in the church, are called to pay close attention to our souls. We need to be aware of what is happening inside of us. There needs to be an honest assessment of our interior life. Unfortunately, we have a great ability to deceive ourselves and come up with erroneous ideas. We need to hear God's Word from the Bible and apply God's Word to our interior lives. God wants to speak to each one of us through the words of the Biblical text. God's Word is alive and true and powerful. It is just what we need to help care for and cure our souls. It is important to attend church on a regular basis to hear God's Word and to be in a Christ-centered community, where God's Word is being lived out.

One of the interior assets that need to be cared for that I have not yet mentioned is the "Image of God". Each of us was created by God to reflect God's glory, goodness and love. Karl Barth points out that we are like mirrors; we function best when we reflect God's glory, goodness and love. Our interior lives will never be what it should be unless we are reflecting God through our lives. It is in this process of reflection that both our interior and exterior lives realize their full potential.

We need to take time to study the Bible, to pray, to go to church, to serve the Lord through ministry, to help the image of God be reflected through our lives. When we do all these things through faith in Jesus Christ, Jesus Christ, who is the perfect image of God, can help us become in  
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### Message from the Chair



I recently had the privilege of giving a talk at the 2011 "Back to the Mountain". I was assigned a verse from Zephaniah 3:17, and I was confident in my ability to focus on the task at hand. However, I soon discovered that this was not the case. Thoughts and ideas eluded me. I found myself sitting in front of an empty computer screen struggling with a severe case of writer's block. Writing this talk had become more of a challenge than I had bargained for, and that this would require extra large doses of purposeful prayer on my part.

After several uneasy nights wrestling with my Rollo, I was relieved to have it finished. Darryl and I would soon be leaving for the weekend, so I printed out my talk and carefully tucked it away in my suitcase.

When we arrived at Camp Stevens I was surprised to learn that the Lord had another plan for me. Friday January 7, the start of the retreat, was my mother's birthday. She had recently passed away and the Lord was now asking me to change my labored efforts to include something about her in my talk. As I followed the Lord's lead, my mind began to overflow with words. In fact, there was so much that could be said about my mom that I had to quickly decide on what would best relate to the verse I had been given, "He will rejoice over thee with joy".

I thank the Lord for giving me the heartfelt words that needed to be said, and for putting the final touches on my Rollo. God knew how much stress my family has had to endure during the past year and that I hadn't had time to grieve or to properly mourn mom's passing. The Lord rejoiced over me and blessed me with this special time of rest and reflection. He surrounded me with His love and the love of other Christians in Christ. I was, at last, able to share my burden and bring closure to a life worth remembering.

Philippians 4:6-7

"... let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."

In His Service,  
Barbara Peralta

Cursillo # 129

April 28-May 01, 2011

"...that the joy of Me in you abide, and the joy of you may be filled." ~John 15:11~

What a blessing it is to be serving as Rectora for the upcoming Spring Cursillo weekend! God directed the above theme, and how fitting since this weekend historically follows witnesses whom put their whole trust in a Jesus whom they didn't quite understand (until that first Easter morning). How many whom I come into contact daily are 'stuck' at this place, between a dusty Family Bible and the cuddly bunny carrying colorful eggs? We need prepared leaders with action plans to share what the true meaning of Joy is. Who, in your church environment is ready to gently be led forward on a Cursillo weekend? How can you help to make that happen? Me, I want to have the Spiritual heart of a child... the one whom refuses to stand quietly in line, running up during worship service to be blessed and fed. I want to be the one sitting in the playground during recess to share why my Jesus is better than Superman, Batman and all of what lurks beneath beds and dark closets. Remember when your sponsor dared to believe you were mature enough to garner tools through Cursillo? Where are your talents? Gifts? Join us in participating this April and let HIS joy shine through YOU! You are not just needed. You, my friends are wanted.

"A fruit-bearing Christian will have a lot of fun in this life. There will be fun in going to a Bible study; there will be fun in serving the Lord. A life in fellowship with Christ is a joyous life." J. Vernon McGee

In His Joy,  
Karen Rice

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ages of God. Setting aside time, in the midst of our busy week, for God is essential, not an option for caring for and curing our souls. Now let me define the word "cure". The word, "cure" implies that our souls are sick and need to be healed. This is the truth about ourselves. We are sick in our souls. We have sick emotions, sick ideas, and our wills chase after things that can do us harm. The good news though, is that God is working inside of us, leading us to more and more health, if we have faith in Jesus Christ. It is vitally important for each of us to care for and have our soul be cured.

Your friend in Christ,  
Father George



Calling all Cursillistas !

"MANY HANDS MAKE LIGHT WORK"  
To Help host "Hospitality" at the

## 2011 San Diego Episcopal Diocesan Convention Feb. 11-12

First United Methodist Church  
2111 Camino del Rio S. in Mission Valley

Meet and Greet people from all corners of the Diocese.

Sign-up today, Contact Nancy Holland at [nrholland@cox.net](mailto:nrholland@cox.net)  
Information contact Barbara Peralta at [bperalta@hotmail.com](mailto:bperalta@hotmail.com)

Cursillistas new and old - we need your help to man tables at this year's Diocesan Convention both the hospitality table and our own Cursillo table. Please go to the Episcopal Cursillo web page and look for the link to sign up. Please wear your favorite Cursillo weekend apron, and of course your baloney. If you have any left over Palanca laying around please bring it to pass out at the Cursillo table. You are welcome to bring cookies, brownies, etc. - anything to present a welcoming loving face to the delegates and visitors."



## 2011 ECUMENICAL GRAND ULTREYA

SATURDAY, FEBRUARY 19, 2011

11:30 a.m. Catered Pork Loin lunch (\$5) 1p.m. Ultreya

## MISSION SAN DIEGO DE ALCALA

California Room, 10818 San Diego Mission Rd., San Diego

Speakers: Rudy Garcia, Mary Beth Klauer, Eileen Pierce;  
Grouping; Music directed by Pat Parsons.

**ALL CURSILLO EXPRESSIONS (ROMAN CATHOLIC, EPISCOPAL, LUTHERAN, WALK TO EMMAUS, ANGLICAN, KAIROS, AND KAIROS OUTSIDE) ARE INVITED TO ATTEND**

Reserve your luncheon by contacting Judy Anderson, [jmanderson38@sbcglobal.net](mailto:jmanderson38@sbcglobal.net), 619-286-1208.

Reservation deadline: Monday, February 14

Child care will be available by reservation only

## BACK TO THE MOUNTAIN

January 7-9 2011

Weekend Report

### “ REJOICE WITH JOY AND REST IN GOD'S LOVE”

The theme was chosen to prepare our hearts and minds for year 2011 using the words of Zephaniah 3:17. The book of Zephaniah was not well known to those of us on the weekend and we soon learned by hearing the talks how we could prepare for year 2011 with the LORD leading the way.

Fr. Hugh Tudor-Foley was the Head Clergy for the weekend, Judy Potter was Sacristan, Frank Orta and Diane Blaisdell the musicians, Lynn Nicholson, Eileen Pierce leaders, Tim and Linda Lyons our Support Leaders, Janet Shaw, Petra Orta, Bob Shaw, Barbara Peralta filled our team.

Bob shared with us in his talk "He Will Save" how he had remembered times in his life when he was saved from going in the wrong direction and he knows God was there. Barbara told us that she was able to "Rejoice with Joy" when there was difficult events she was not prepared for and she was able to rejoice knowing God was there. Petra found "Rest in God's Love" when she admitted to herself that she had taken on too much and it was time to reflect, refresh, and share service to God with others.

Our time on the mountain filled my spiritual chalice and I pray all 21 of us who attended feel we shared special times on the tour of the new rebuilding at the camp, at our social hours, at our table discussions after the talks, and enjoying visiting with Kathryn at the book table.

Meals were prepared by the camp and I was told by several that the food was good. We did supply the bacon for one breakfast and the menu was almost as planned. Our Saturday night dinner had been changed and we were not consulted. We still need to address this issue.

Promotion of the weekend is still a concern. I know I will be thinking about this fix. We all enjoyed ourselves this year so save those coins in a jar and go in 2012.

Submitted by: Eileen Pierce

## ULTREYA AT CHURCH OF THE GOOD SHEPHERD IN HEMET

On January 22, 2011 there were seventeen Cursillista's gathered for pot luck luncheon, uplifting music, and grouping. Then the witness, by Butch Glosson, echo given by Judy Potter, and our new Rev. Canon Kathleen Kelly gave the clergy response. We are going to invite you come share our next Ultreya TBA soon.

## THE 2010 SECRETARIAT

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## MARK YOUR CALENDAR

### FEBRUARY

11-12 Diocesan Convention – 1st United Methodist Church

19 Ecumenical Ultreya – Mission San Diego de Alcalá

11:30 pm Catered Lunch – Pork Loin Roast

1:00 pm Ultreya

### MARCH

5 6:00 pm Pot Luck

7:00 pm Ultreya – All Soul's, Point Loma

12 8:30 am Servant Community Meeting – Good Sam's

1st time Cocineras & Rollo Room Training

12:30 pm Secretariat Meeting

25 Forward Submission Deadline

### APRIL

5 Cursillo #129 Deadline

7 6:30 pm Secretariat Meeting Good Sam's – Open to All

28-May 1 Cursillo #129 – Coed – Camp Stevens

### MAY

5 6:30 pm Secretariat Meeting Good Sam's – Open to All

14 Day of Deeper Understanding – St. Andrew's, La Mesa

21 Grand Ultreya – Good Shepherd, Bonita

30 Forward Submission Deadline

Please check the Cursillo website [www.sd cursillo.org](http://www.sd cursillo.org) for updates and Directions to churches.